

CORE THEME	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community	
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
EYFS	Story Sessions: Handmade with Love	Session 1 I Am Me	Session 1 I Like, You Like, We All Like!	Session 1 Growing Up	Session1 Role Model	Session 1 Who's Who?	Session 1 Safe Inside and Out	Session 1 God is Love	Session 1 Me, You, Us
		Session 2 Heads, Shoulders, Knees and Toes	Session 2 Good Feelings, Bad Feelings			Session 2 You've Got a Friend in Me	Session 2 My Body, My Rules		
		Session 3 Ready Teddy?	Session 3 Let's Get Real			Session 3 Forever Friends	Session 3 Feeling Poorly	Session 2 Loving God, Loving Others	
							Session 4: People Who Help Us		
KEY STAGE ONE	Story Sessions: Let the Children Come	Session 1: I am Unique	Session 1: Feelings, Likes and Dislikes	Session 1: The Cycle of Life *UPDATED for 2020*	Session 1: God Loves You	Session 1: Special People	Session 1: Being Safe	Session 1: Three in One *UPDATED for 2020*	Session 1: The Communities We Live In
		Session 2: Girls and Boys	Session 2: Feeling Inside Out			Session 2: Treat Others Well...	Session 2: Good Secrets & Bad Secrets	Session 2: Who Is My Neighbour?	
		Session 3 & 4 (two sessions): Clean & Healthy *UPDATED for 2020*	Session 3: Super Susie Gets Angry			Session 3: ...and Say Sorry	Session 3: Physical Contact		
							Session 4: Harmful Substances *NEW for 2020*		
							Session 5: Can You Help Me? *NEW for 2020* (can be split into 2 sessions)		

LOWER KEY STAGE TWO	Session 1: Get Up! *NEW for 2020 replacing Kester's Adventures*	Session 1: We Don't Have To Be The Same	Session 1: What Am I Feeling?	Session 1 (Yr4+): Life Cycles	Story Sessions: Jesus, My Friend	Session 1: Friends, Family and Others	Session 1: Sharing Online	Session 1: A Community of Love *UPDATED for 2020*	Session 1: How Do I Love Others?			
		Session 2: Respecting Our Bodies					Session 2: Chatting Online					
	Session 2: The Sacraments	Session 3 (Yr4+) What is Puberty?	Session 2: What Am I Looking At?			Session 2: When Things Feel Bad	Session 3: Safe in My Body			Session 4: Drugs, Alcohol and Tobacco *NEW for 2020*	Session 5: First Aid Heroes *NEW for 2020*	Session 2: What is the Church?
		Session 4 (Yr4+) Changing Bodies	Session 3: I Am Thankful!									
		Session 5 (Yr4+) Discussion Groups - optional										
	UPPER KEY STGE TWO	Story Sessions: Calming the Storm *NEW for 2020 replacing Kester's Adventures*	Session 1: Gifts and Talents			Session 1: Body Image	Session 1: Making Babies (P1)			Session 1: Is God Calling You?	Session 1: Under Pressure	Session 1: Sharing Isn't Always Caring
Session 2: Girls' Bodies			Session 2: Peculiar Feelings	Session 2: Making Babies (Pt2) *Optional. See your Programme Coordinator	Session 2: Do You Want a Piece of Cake?	Session 2: Cyberbullying						
Session 3: Boys' Bodies			Session 3: Emotional Changes			Session 3: Types of Abuse						
Session 4: Spots and Sleep			Session 4: Seeing Stuff Online			Session 3: Menstruation	Session 3: Self-Talk	Session 4: Impacted Lifestyles *NEW for 2020*	Session 2: Catholic Social Teaching			
					Session 5:							

							Making Good Choices *NEW for 2020*		
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