



Academy Newsletter

Friday 12th February 2021

Spring Term

Issue: 20

As we approach February half term we would like to take the opportunity to thank you for your support and engagement with our remote learning since January, during the national lockdown. We are expecting that during the week commencing 22nd February 2021 we will receive some information on when the Academy might reopen for more pupils. Once we have received and digested the information we will be in touch.

What a week this week has been, with the beautiful snowfall and cold temperatures. We are happy to say that we were able to remain open during this period for the children in attendance during the partial school closure. We hope you managed to build snowmen, throw some snowballs or make a snow angel. This was a rather welcome change for most and an opportunity to get outside and enjoy the snow which all helps for our mental wellbeing.

We hope you manage to enjoy half term, even though restrictions are still in place. Below is a list of activities that you and your family may enjoy during the week.

CELEBRATE VALENTINES DAY

It's traditionally about romance – but Valentine's Day is a GREAT opportunity to shower the whole family with love! Here are some ideas to help you celebrate Valentine's Day at home, with all the loves of your life.



Enjoy Valentine's Breakfast – Anything red (strawberries, raspberries, watermelon, jam, etc) or heart-shaped (cut pancakes, toast or fruit with cookie cutters) will look fab, then bring out the squirty cream or chocolate chips for a special treat!

Do a good turn – Spread the love by asking your children to do a good turn.

Make a card – And ask them to make you one too! Have a family crafting session where you all make each other cards, or Valentine's crafts such as salt dough hearts, heart-shaped sun catchers, sensory bottles, etc. (there are lots of other ideas on Pinterest).

Bake – Let them help you bake a heart-shaped cake (pink batter!) or heart cookies with lots of sprinkles. Heart rice crispy treats would be an easy one with very small children.

PLAN A THEMED DAY

The key ingredients of a Themed Day are fancy dress, a themed lunch and some fun activities. Maybe try to throw in a relevant movie for 90 minutes of downtime. Why not try a pirate day, fairy day, frozen day, dinosaur day, fairytale day or under the sea.

MINI GARDEN OLYMPICS OR FOOTBALL TOURNAMENT

Create your own Olympics! Pick a country to represent, dress up in their colours, create your own competition numbers and start your competition! You could try a garden sprint, distance run, sack race, long jump or using a frisbee as a discus. Of course this one is weather dependent!

Family Fun Nights

Hold a talent show: Get the children to design a stage and prepare their best talents for an evening production.

Organise a Family Disco: Make sure it includes lots of dancing, flashing lights, party snacks and party games!

Family Film Night: Choose some great family films, snuggle up with blankets and get out the popcorn.

VIRTUAL DAY TRIPS

You can spend the whole week in Disneyland, a day trip to London or even a virtual trip to a local museum or attraction. Also see the information in this newsletter about the Unicorn Theatre.

Virtual Cookalong

The idea with the virtual cookalong is you all make the same recipes linked via video call then when ready the children can video to eat together. A great way for the children to see friends! You could also create a theme for the cookalong and dress up if you fancy!

Try Geocaching

Geocaching is an outdoor recreational activity, in which participants use a Global Positioning System receiver or mobile device and other navigational techniques to hide and seek containers, called “geocaches” or “caches”, at specific locations marked by coordinates all over the world —there are probably some near you right now. This can be classed as your daily exercise and is a fun way to get the family outdoors.

Make a HUGE thing of Pancake Day

Tuesday 16th is Shrove Tuesday. Get excited about it and plan some extra special activities and mix up your toppings. Try both sweet and savoury options. Pancakes for breakfast, lunch and dinner!!





Royal Society for Blind Children

At Royal Society for Blind Children, we are still here and supporting our vision impaired children and young people in everyway we can, throughout a very chaotic time and through numerous lockdowns.

We have a full, comprehensive programme of events every month to support and keep our blind and partially sighted young people happy and healthy – and in February we are going one step further by having a **packed calendar for February Half-term**, and we have something for everyone! **From Gaming to Q&As, to cooking, dancing and singing, we've got you covered.**

If you're new to RSBC, join us on **Saturday 13th February** for our open day where you and your young person/young people can come along and **Meet the RSBC Delivery Team!**

All of the information about our events in February are attached to this email, and you can also find this information on our

website: <https://www.rsbc.org.uk/calendar-of-activities/>

To sign a young person up to any of our events, simply fill in the attached enrolment form and we'll do the rest. Young people can also sign up using the forms on our website!

If you have any questions about any of the above information, or simply want to find out more about RSBC, then please don't hesitate to contact RSBC on connections@rsbc.org.uk.

Unicorn Theatre

Unicorn theatre are offering free online theatre shows until 31st March. Head to <https://www.unicorntheatre.com/whatson> to see The Twits, Anansi The Spider Re-Spun, Huddle and Philip Pullman's Grimm Tales.

Digisafe Daily

Every day while schools are closed, LGFL is publishing questions, tips or challenges for primary pupils to help you stay safe at home and on your devices. Head to www.digisafedaily.lgfl.net

DigiSafe
keeping children safe

PTA – One Lottery

So far we are on target to raise just short of £1000 from our 'onelottery' initiative by the end of the year, and yet less than 10% of families have signed up to date! Just imagine if we could double or even treble that number! It costs a mere £1 per week to join. We have already had 9 winners, and the more who join, the higher the prize fund each week. Remember, we had no Christmas Fair this year, and a Summer Fair is far from certain.

Just go to www.onelottery.co.uk start typing in St Peter and St Paul in the search bar and you're off!

Lent begins on Wednesday 17th February - Ash Wednesday. This marks the beginning of Lent, the forty days that lead us to Easter. Every child has been sent a 'Walk with Me' activity booklet full of fun, games, puzzles, recipes and learning activities to guide your child through the season of Lent and to enjoy!





Bromley Y, School Wellbeing Service Improving Access to Wellbeing Support – Support Calls

Is your child experiencing difficulties with their emotional wellbeing? Are they feeling anxious and/or low and you are uncertain how to support them?

During these unprecedented times we would like to make it as easy as possible for young people and their parents/carers to receive appropriate wellbeing support. Up until the Easter break, we are offering consultations via phone/video (up to 30mins) to talk to one of our practitioners. The aim of this is to provide advice and guidance to support the wellbeing of your child.

Email: swswellbeingsupport@bromley.org

Please provide your name, phone number, child's school, best times to call (morning or afternoon), a brief description of what you wish to discuss.

We will do our best to call within 5 working days to help you think about how to get the help you need. This may lead to a referral into our service or sign posting to a more appropriate service with your consent.

Visit www.bromley-y.org for self-help support

STUCK FOR THINGS TO DO THIS HALF TERM? GIVE SINGING A TRY!

This Half Term, London Youth Choirs are running a series of free online singing workshops:
LYC FEELGOOD SINGING.

There are three sessions in total, suitable for young people aged 4-18. You don't need to be a member of LYC to take part, no previous singing experience is required, and they're all completely free!

There's no requirement to take part in anything further if you decide that singing with us isn't for you, but if you would like to get more involved then each workshop will also contain information about how to audition later this year for the LYC choir appropriate for your age.

Follow the link to learn more about the workshops and book: we look forward to seeing and hearing you in Half Term week! https://www.londonyouthchoirs.com/feelgood-halfterm/?fbclid=IwAR2eveNYy95khpBupOLgbtZKbzNNSzPvgXDYy0owFzROWSZE_RXUu3VSoc



REMOTE LEARNING





Year 6 children expressing themselves.

