



Academy Newsletter

Friday 29th January 2021

Spring Term

Issue: 18



Children's Mental Health Week

Children's Mental Health Week is taking place on 1-7 February 2021. This year's theme is '**Express Yourself**' and we're encouraging children (and adults) to explore the different ways we can **Express Ourselves** and the creative ways that we can share our feelings, our thoughts and our ideas.

Free resources for Children's Mental Health Week 2021

Place2Be has created activities and resources to help children (and adults) to explore the different ways that they can share their thoughts, feelings and ideas. There are lots of resources on the Children's Mental Health Week website that you can use with your child at home; including activity ideas, tips for parents and carers, and an online assembly which will be available from Monday 1 February. Visit childrensmentalhealthweek.org.uk to find out more

Home/Academy learning for Children's Mental Health Week 2021

Each class will undertake an activity each day to recognise and acknowledge the week, following the theme '**Express Yourself**'. These activities will be set on Google Classroom and through a live lesson.

Dress to Express Friday 7th February 2021

We will be holding a '**Dress to Express**' day on Friday 7th February. We are inviting pupils to wear their **favourite colour** as a great opportunity to encourage self-expression. Those attending the Academy can attend in their **favourite colour** and we will also look forward to seeing children dressed in their **favourite colour** during their live lessons on this day.

EXPRESS YOURSELF

Share your self-expression

Self-expression can help you to showcase your true self. It is a great way to relieve yourself of stress and free your mind and can help you to reflect on your life, actions, decisions, relationships, beliefs, and thoughts — rather than keep them buried deep down.

We want you to use different ideas, mediums and art forms to encourage self-expression at home. This is not about producing great art or performances. This is about helping you to connect with your true self and to others. Mediums and art forms you may consider include: simple craft making, sculpture, junk modelling, mask making, murals, weaving, painting, photography, film, digital art, dance, drama, mime, poetry and literature, music, singing, gardening and cooking.



Please send these to the Academy so we can showcase them on our website.

Phonics Screening, KS1 SATs, Times Tables Check and KS2 SAT's

The Standards and Testing Agency have informed us that the Phonics Screening, KS1 SATs, Times Tables Check and KS2 SAT's have been cancelled for the academic year 2021. However, our internal monitoring and testing of children's progress and attainment will continue.



Safety Online

As the children are spending more time online, please be vigilant and monitor what they are doing. We have added some parent factsheets to our online safety section of the website, so please take a look. Please consider the following when your child is participating in the live lessons.

- Make sure they are dressed appropriately - no pyjamas please.
- Ensure there is an adult supervising these sessions.
- Pupils should be in a safe space in the home - this should not be their bedroom.
- Live lessons are private and these should not be recorded or shared in any way.
- Try to make sure there are no distractions.

SEND/Mental Wellbeing – Academy Website

Please remember that we have SEND and Mental Wellbeing pages on our Academy website where you will find information, resources, website links and more.

Please see attached the CASPA activity timetable for February.

Google Classroom

As we are attending the Academy virtually, we are trying to make our Google Classroom as close to the real thing as possible. We do therefore ask if you are able to 'turn in' work that the children have been set. This means that you do not need to mark the work; it will enable the teachers to see the work and leave a comment. We have attached a parent guide to turning in work on Google Classroom to help you with this. We are also happy to receive photographs of work as we are also able to give feedback on this.

Bromley Y - School Wellbeing Service

Support Call - If your child is struggling with their emotional wellbeing and you need some support please use the Support Call Service. All details are attached and can also be found on the 'Mental Wellbeing' page of the Academy website.

Parent and Carer Webinar - Helping children with fears and worries. Years 4 - 6. Please see the flyer attached for webinar dates and joining details - all information can also be found on the 'Mental Wellbeing' page of the Academy website.

Dyslexia

The local Dyslexia Association helps dyslexic people of all ages by providing information and support. Please visit their website for more information.

<http://dyslexiawise.co.uk/>

They are hosting three free upcoming open meetings, online, which will focus on home learning for dyslexic and other neuro-diverse learners. Details can be found on the attached flyer and on the Academy website, SEND page.

Perform Workshop

Before lockdown, Perform visited the Academy every year and offered free workshops to all year groups. Sadly, as this is unable to happen they are now able to offer free workshops online. For further information on how to access the workshops, please click on the link below.

<https://www.perform.org.uk/free-drama-class>.



Remote Learning

