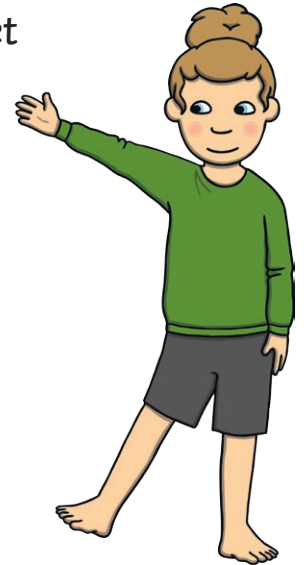




Move in a floppy way like a puppet whose strings have been dropped.



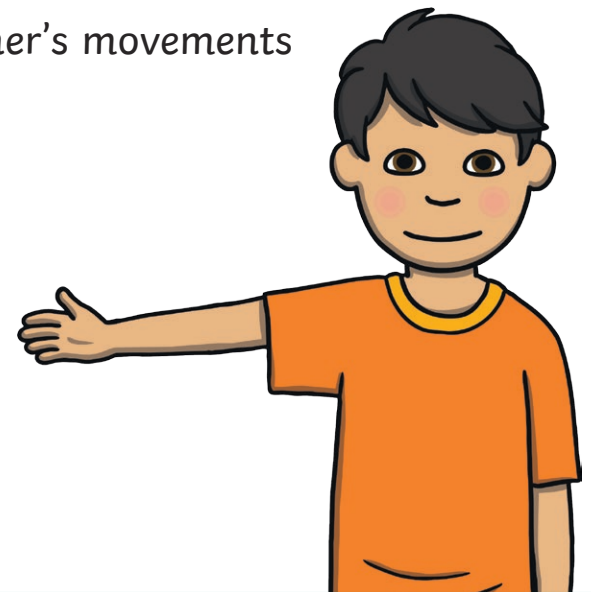
Move in a jumpy way like a puppet who is having their strings pulled.



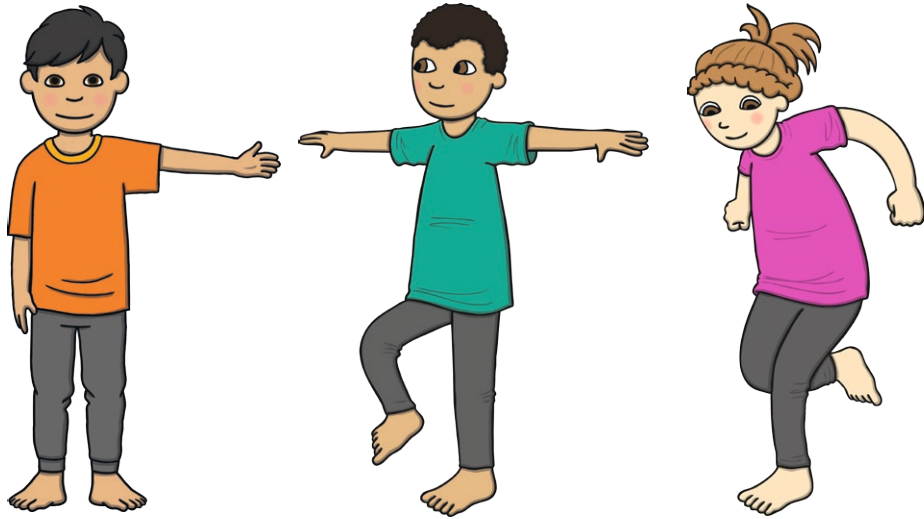
Clap to the beat.



Copy your partner's movements



Demonstrate your movements to the class.



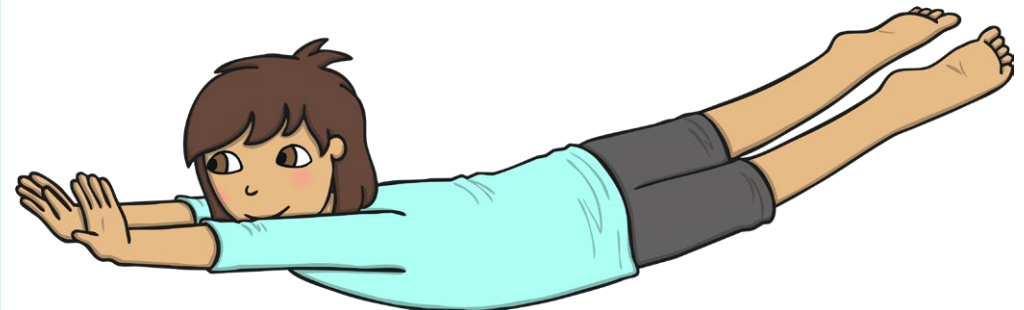
'Stretch' both your partner's legs and both of their arms.



Have a go at 'stretching' an arm and a leg at the same time!



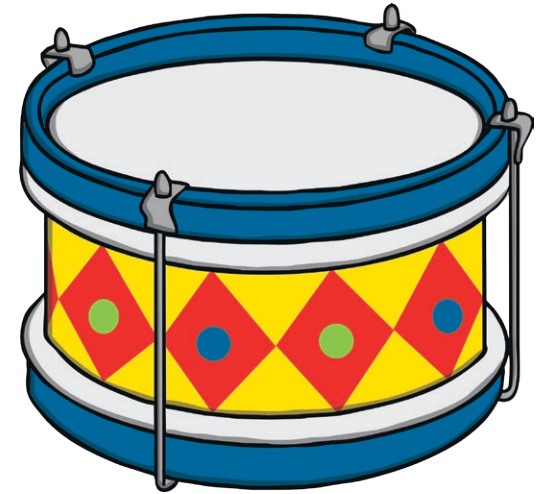
Can you add a roll between one 'stretch' and the next one?



Help your partner to move in time to the music.



Beat out a tempo on the drum for the class to follow.



Add another movement to the dance.



Have a go at changing the order of your movements – does this make your dance easier or harder?

