St Peter and St Paul Catholic Academy

Special Edition Friday 10th July 2020

Academy Newsletter



This Week...

Today we welcomed Year 3 in for an hour to meet their new teacher for next year and say goodbye to this year's teacher. It was lovely to see some new faces in the Academy and the children were clearly happy to see one another. See below for the remaining meetings.

Monday 13th July Tuesday 14th July

Year 5: 11am -12pm Year 1: 11am - 12pm

Year 2: 1:15pm -2:15pm

Wednesday 15th July Thursday 16th July

Early Years: 11 am – 12pm Year 6: Picnic 1:30 -3pm

Holiday Requests

As you are aware taking children on holiday is unauthorised, therefore any requests for holidays will be submitted to the Governors and the Local Authority and may be subject to a penalty. However, in order for us to maintain a high level of safeguarding if you have booked to go away on holiday it is essential that you notify the Academy Office.

Please note that it will take the Academy at least 2 weeks to process your request, when submitting your form.

10/07/2020



Thursday 16th July 2020

Please note Thursday 16th July is the last day of term and Friday 17th July only remains open to the current Key Worker bubbles. Key Worker children are to be collected at 3:15pm.



Forever Homes for our Snails

The Academy snails have grown so much and although we have lovely willing families happy to provide respite for them during the holiday season, we were wondering if there are any parents that would like them as a family pet more on an permanent basis.

If you are interested in providing our snails with forever homes, please contact the Academy office.



Please see the links below from Bromley advisory teams, which you may find useful.

<u>Children and Adolescent Health Services (CAMHS)</u> Crisis Line out of hours service, open to all children and young people across in south London, will be operating until 11pm weekdays and weekends.

Bromley Assistance Helpline

Request help from Bromley community volunteers for support with tasks such as shopping, collecting prescriptions, befriending or dog walking:

https://www.bromley.gov.uk/requestforassistanceform

<u>Mindful Garden</u> teaches valuable techniques to help children de-stress and unwind. There are three daily activities to complete, each one addressing a different aspect of mindfulness, whether it's playing hide and seek with the CBeebies bugs or helping some friendly fish to pick up colourful scales

https://www.bbc.co.uk/cbeebies/grownups/go-explore-app-your-mindful-garden

The Bromley Well Young Carers App is available for all Bromley Well young carers!

The App is FREE and is available for download from the App Store for IOS and Google Play Store for Android. For more information or to sign up you can email: matthew.vollar@bromleywell.org.uk

Staffed by trained CAMHS Crisis Practitioners, the telephone line provides out of hours support and interventions, aiming to de-escalate crises, reduce A&E attendances and potentially reduce admissions and re-admissions to hospital.

If Children and Young People or their families/carers are concerned about their deteriorating mental health and would benefit from crisis support or would like advice and counselling, you can call 0203 228 5980 during these hours.

Bromley Well during COVID-19

Bromley Well is continuing to offer mental wellbeing support during the coronavirus pandemic in the following ways:

- Facebook: follow Bromley Well on Facebook for regular advice and information.
- Peer Support Group: the Facebook peer support group offers a safe, private space to talk to likeminded people and participate in wellbeing Q&A sessions.
- Webchat service: anyone who is struggling to use telephone help services, or just wants someone to listen, can text the word "HELPATHOME" to 07718 403574 and a member of the team will get in touch.

Call Bromley Well on 0300 330 9039 / email spa@bromleywell.org.uk or wellbeing@bromleywell.org.uk to register and find out more about any of the above services.

The Bromley Children Project - Hotline

If you have a parenting issue you would like to get some advice on, or even just reassurance that what you are doing is appropriate, please ring the Hotline number below. You will be asked some basic details and then someone will call you back for a chat. If your call is not answered straight away, please leave a message, with contact details, and one of the team will call you back.

Hotline number is: 0208 461 7259

<u>Information to Support Well-being</u>

https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/

End of Year Reminders

Do you owe money for lunches or Stars?

Please pay all outstanding debts before the holiday begins. Failure to pay will result in your child not being able to have a school lunch or attend Stars next year.

You can get financial help by:-

- Completing a Free School Meal application
- Asking your employer for Childcare vouchers

Ask the Academy Office or Mr Partington for assistance.

Medication

If you have not already collected your Medication from the Academy office please contact the Academy to make an appointment for when you can come. All medication needs to be collected by Friday 17th July 2020.

